

# COGNITIVE HEALTH

QUADRA OFFERS AN EXTENSIVE LINE OF HIGH QUALITY INGREDIENTS TO HELP YOU STAY ON TOP OF LEADING MARKET TRENDS IN THIS RAPIDLY EVOLVING AND CONSTANTLY CHANGING INDUSTRY. A FULL RANGE OF MINERALS, FIBRES, PROTEINS, AND FUNCTIONAL INGREDIENTS FROM SOME OF THE WORLD'S BEST MANUFACTURERS IS AVAILABLE ALONG WITH OUR TECHNICAL EXPERTISE AND KNOW-HOW.

## What is Cognitive Health?

A healthy brain is one that can perform all the mental processes that are collectively known as cognition, including the ability to learn new things, intuition, judgement, language and remembering.

Sourced from Centre for Disease Control and Prevention

Losing mental sharpness is the biggest concern among aging population.

Sourced from Market Overview: Real Food for Thought Presentation by Innova-Vitafoods May 2016.

Fish Oils Omega-3 (DHA & EPA)  
Phosphatidylserine & Phosphatidic Acid (PS & PA)  
GABA

**Sugars:** Sucrose, Isomaltulose, Dextrose  
**Vitamins:** Vitamin E, Ascorbic Acid, Niacin  
**Minerals:** Calcium, Iron, Magnesium, Zinc

## Our Supplier Partners:



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