

# WEIGHT MANAGEMENT

QUADRA OFFERS AN EXTENSIVE LINE OF HIGH QUALITY INGREDIENTS TO HELP YOU STAY ON TOP OF LEADING MARKET TRENDS IN THIS RAPIDLY EVOLVING AND CONSTANTLY CHANGING INDUSTRY. A FULL RANGE OF MINERALS, FIBRES, PROTEINS, AND FUNCTIONAL INGREDIENTS FROM SOME OF THE WORLD'S BEST MANUFACTURERS IS AVAILABLE ALONG WITH OUR TECHNICAL EXPERTISE AND KNOW-HOW.

1 in 4 Canadian adults and 1 in 10 Canadian children are clinically obese. This leads to a number of serious health conditions including: type 2 diabetes, high blood pressure, cardiovascular disease, stroke, cancer, and arthritis.

Two categories of consumers actively trying to change these statistics are those who are following a diet or weight loss program or are trying to maintain current weight.

As the demand for healthier, more nutritious food and food with proven health benefits increases there are a number of trends emerging in this growing area. One example is the reduction in sales of low fat and fat free products, while there is a significant increase in sales of products containing more fibre and protein sources.

**Proteins:** Whey (WPC 35 & 80 WPI), Milk (MCP/I), Hydrolyzed Whey, Soy (SPC/I), Rice, Wheat, Hydrolyzed Wheat, Pea, Flax, Chia, Pumpkin Seed, Faba Bean, Egg (whole, albumen, yolk)

**Fibres:** Inulin, Oligofructose, Sugar Beet, Pea, Flax, Soy, Apple, Wheat, Carrot, Psyllium, Sugar Cane, Arabic Gum, Larch Tree Fibre, FiberAid®

**Pulses:** Flours from Beans, Peas, Lentils which are high in protein and fibre

**Sweeteners:** Stevia, Monk Fruit, Maltitol, Sorbitol, Xylitol, Oligofructose, Isomalt, Isomaltulose

**Minerals:** Magnesium, Iron, Calcium, Copper, Chromium, Cobalt, Manganese, Molybdenum, Zinc, Phosphorus

**Vitamins & Nutrients:** L-carnitine tartarate and crystalline Carnipure®, Vitamin B3 (niacin, niacinamide), Vitamin C

## Our Supplier Partners:



TATE & LYLE



Lonza

Consumer Care



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