JOINT HEALTH



QUADRA OFFERS AN EXTENSIVE LINE OF HIGH QUALITY INGREDIENTS TO HELP YOU STAY ON TOP OF LEADING MARKET TRENDS IN THIS RAPIDLY EVOLVING AND CONSTANTLY CHANGING INDUSTRY. A FULL RANGE OF MINERALS, FIBRES, PROTEINS, AND FUNCTIONAL INGREDIENTS FROM SOME OF THE WORLD'S BEST MANUFACTURERS IS AVAILABLE ALONG WITH OUR TECHNICAL EXPERTISE AND KNOW-HOW.

Your Bone and Joint Health

Good bone and joint health is vital to your overall well-being. Your bones serve several important functions. For example, bones:

Provide structure for your body Protect your organs Anchor your muscles Store your body's calcium reserve

Maintaining good bone and joint health is one of the most important things you can do for yourself and your loved ones. At current rates, it is estimated that as many as 70% of Canadians will require orthopaedic surgery at some point in their lifetime. With healthy choices about nutrition, activities and activity levels, and preventing injury, bone and joint health can carry us throughout our lives – longer and stronger.

Sourced from Canadian Orthopaedic Foundation

Omega 3's - High purity concentrated EPA/DHA
UCII Collagen—Undenatured Type II
Collagen
Hyaluronic Acid
Vitamin E
Calcium & Selenium
Natural Vitamin K2- MK7
Astaxanthin - Astazine



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